



AQUAGOLD FACIAL

PRE AND POST CARE

The AquaGold Facial is a cutting-edge, minimally invasive treatment designed to deliver microdoses of skin-enhancing serums directly into the skin. Utilizing an exemplary gold-plated needle system, the therapy promotes skin rejuvenation, improves texture, reduces fine lines, and enhances hydration. AquaGold Facial is particularly effective for areas such as the face, neck, and décolletage, leaving skin glowing and refreshed.

Results from an AquaGold Facial typically appear within a few days and last for several weeks. Regular treatments are recommended for long-term improvement. Maximizing results and minimizing risks include following the correct pre- and post-care instructions.

If you experience issues not addressed here, please get in touch with our clinic for further guidance.

Pre-Treatment Care

The following steps can increase the effectiveness of your AquaGold Facial and reduce the chance of side effects:

- **Avoid sun exposure:** Refrain from going out into the sun and avoid tanning for at least two weeks before your treatment to prevent skin irritation.
- **Stay hydrated:** Drink lots of water the days before your appointment to ensure your skin is well-hydrated.
- **Avoid certain medications:** Do not take aspirin, anti-inflammatory medications, or blood thinners for at least one week before treatment unless instructed otherwise by your healthcare provider.
- **Avoid alcohol:** Do not consume alcohol 24 hours before the procedure to minimize bruising.
- **Clean skin:** Arrive at your appointment with a clean face, free of makeup, creams, or lotions.

Post-Treatment Care

After your AquaGold Facial, it's essential to follow these post-care steps to optimize your results and promote healing:

- **Avoid makeup:** To allow the skin to recover, avoid using makeup or other harsh skincare products for at least 24 hours after treatment.
- **Keep skin moisturized:** Use a gentle, hydrating moisturizer to soothe and promote healing.
- **Avoid direct sunlight:** Refrain from going out into the sun for at least two weeks post-treatment, and apply broad-spectrum sunscreen daily to protect your skin.
- **Avoid strenuous activities:** Refrain from exercise or heavy physical activities for 24-48 hours to prevent irritation and swelling.
- **Avoid alcohol and tobacco:** Refrain from drinking alcohol and smoking for 48 hours after the procedure to ensure optimal healing.
- **Do not exfoliate:** Avoid exfoliating the treated area for at least one week to prevent irritation.
- **Stay elevated:** If you experience swelling, sleep with your head elevated for the first few nights to reduce inflammation.

If you have any concerns or questions about your pre- or post-care routine, please don't hesitate to contact our office. We're here to help you achieve glowing, refreshed skin with your AquaGold Facial.